



**Sunday, March 22      Buffet Lunch/Dinner**

- 10:30 a.m. Quaker Meeting for Worship Chapel
- 1:30 p.m. Pittsburgh Symphony - Heinz Hall
- 2:00 p.m. Chapel Service – Auditorium  
Rev. William Jamieson

**Monday, March 23      Buffet Lunch**

- 9:30 a.m. Bus to Wal-Mart/Cranberry Mall  
Passavant Hospital - Main Campus
- 9:30 a.m. Aquacize – Swimming Pool
- 10:30 a.m. Aquacize – Swimming Pool
- 1:00 a.m. Exercise Class - Cranberry Lake Grill
- 1:00 p.m. Painting Class – Novice or Pro  
Lower Level Studio
- 1:15 p.m. Bus to Passavant Hospital  
Main Campus - Legacy Theater
- 1:30 p.m. Handbell Practice  
Cranberry Lake Grill
- 2:00 p.m. Marketing Presents *Johnny Angel*  
Auditorium
- 6:30 p.m. Sing Along - Oak Grove Center
- 7:00 p.m. Monday Night Bridge – Card Room

**Tuesday, March 24      Buffet Lunch**

- 9:30 a.m. Bus to Pittsburgh/Oakland
- 10:00 a.m. Tai Chi – Cranberry Lake Grill
- 10:00 a.m. Hand and Foot Canasta - Lobby
- 10:30 a.m. Continued Learning - Auditorium
- 1:30 p.m. Drama Club - Cranberry Lake Grill
- 6:30 p.m. Sing Along - Personal Care Day Room
- 7:15 p.m. The Steinway Society of Western PA  
Two young talented pianists  
Auditorium

**Wednesday, March 25      Buffet Lunch**

**Bus to UPMC Passavant Cranberry  
8 am - 10 am - 11:45 am - 2 pm**

- 9:30 a.m. Men's Bible Study - Chapel  
(note change of time during  
continued learning)
- 10:00 a.m. Bus to Rt. 228 Mall
- 10:30 a.m. Continued Learning - Auditorium
- 11:00 a.m. Exercise Class - Card Room
- 12:30 p.m. Complimentary Hearing Aid  
Services with Dr. Francis  
Appointment necessary
- 1:00 p.m. Life Story Writing - Lower Level  
Conference Room - Final Class

**Wednesday (con't)**

- 1:15 p.m. Wednesday Bridge - Card Room
- 3:00 p.m. Chorus Practice - Auditorium
- 7:15 p.m. **NO** Line Dancing - Auditorium

**Thursday, March 26      Buffet Lunch**

- 7:00 a.m. Bus to Passavant Hospital Main
- 9:30 a.m. Bus to Walmart/Barnes & Noble  
Cranberry Mall/UPMC Passavant Main
- 9:30 a.m. **NO** Aquacize – Swimming Pool
- 10:30 a.m. **NO** Aquacize – Swimming Pool
- 10:30 a.m. Continued Learning - Auditorium
- 11:00 a.m. Yoga Class - Cranberry Lake Grill
- 11:00 a.m. Bus to Streets of Cranberry &  
UPMC Passavant Main
- 1:00 p.m. Outdoor Games Indoors  
Cranberry Lake Grill Annex
- 1:30 p.m. Duplicate Bridge - Card Room
- 3:00 p.m. Hand and Foot Canasta - Lobby

**Friday, March 27      Buffet Lunch**

**Bus to Passavant Hospital  
UPMC Passavant Cranberry  
7 am – 12:30 pm – 2 pm**

- 10:00 a.m. Bus to Shop n Save/Passavant  
Hospital/UPMC Passavant Cranberry
- 11:00 a.m. Exercise Class - Auditorium
- 2:00 p.m. Sew and So  
Personal Care Day Room

**Saturday, March 28      Buffet Lunch**

- 10:00 a.m. Bus to Ross Park Mall
- 1:00 p.m. Casino Day until 3 p.m. - Auditorium  
and Card Room
- 1:30 p.m. Scrabble & Games - Lobby
- 7:15 p.m. Saturday Night at the Movies  
Auditorium - *Nebraska* - Rated R



## COMING EVENTS

|          |           |   |
|----------|-----------|---|
| March 29 | Sunday    | Pittsburgh Symphony - 1:30 p.m. - Heinz Hall  |
| March 29 | Sunday    | Chapel Service - 2 p.m. - Auditorium - Rev. Charles Partee                                      |
| March 30 | Monday    | <b>NO</b> Painting Class  |
| March 30 | Monday    | Sing Along - 6:30 p.m. - Oak Grove Center   |
| March 30 | Monday    | Pittsburgh Philharmonic Open Rehearsal until 10 p.m. - Auditorium                               |
| March 31 | Tuesday   | Drama Club - 1:30 p.m. - Cranberry Lake Grill   |
| March 31 | Tuesday   | Sing Along - 6:30 p.m. - Personal Care Day Room   |
| April 1  | Wednesday | <b><i>That Guy With Birds</i></b> - Educational Exotic Bird Collection - 1:15 p.m. - Auditorium |
| April 2  | Thursday  | Blackburn Scooter Service - 9 a.m. - 2:30 p.m. - Sign up on bulletin board                      |
| April 2  | Thursday  | Pittsburgh Public Theater - 1 p.m. - O'Reilly Theater   |
| April 2  | Thursday  | Maundy Thursday Communion Service - 4 p.m. - Auditorium   |
| April 4  | Saturday  | Bus to Beaver Valley Mall - 10 a.m.   |



**This Week's Menu**  
**Sunday, March 22, 2015 – Saturday, March 28, 2015**  
**Dining Room Reservation # for Patio Homes: 8659**  
**Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724 776-8234**  
**Take out and Home Delivered Meals – Patio Home Residents: 8612**  
**Take out and Home Delivered Meals – Apartment Residents and 600 Patio Homes: 724 776-8236**

**Sunday 22**

Turkey and White Chili  
 Strip Loin  
 Duck a la Orange  
 Sautéed Perch Meuniere  
 Chef's Feature - Cheese Blintz with Cherries

**Thursday 26**

Tomato Basil Soup  
 Chicken and Dumplings  
 Italian Roast Beef  
 Balsamic-Plum Glaze Pork Loin  
 Chef's Feature – Mahi-Mahi w/ Salsa Verde

**Monday 23**

Italian Wedding Soup  
 Orange Glazed Chicken  
 Stuffed Cabbage Rolls  
 Blackened Catfish  
 Chef's Feature – Ratatouille Torte

**Friday 27**

Pumpkin Soup  
 Buttermilk Baked Pork Chop  
 Roasted Vegetable Pasta  
 Grilled Salmon  
 Chef's Feature - Cobb Salad

**Tuesday 24**

Elephant Garlic Soup  
 Macaroni and Cheese  
 Steak with Shallot Butter  
 Baked Scallops  
 Chef's Feature - Caesar Chicken Salad

**Saturday 28**

Vegetarian Vegetable Soup  
 Sautéed Beef Tips  
 Roasted Leg of Lamb  
 Chicken Romano  
 Chef's Feature - Creamed Smoked Salmon

**Wednesday 25**

**HAPPY MARCH BIRTHDAYS!!**

French Pearled Onion  
 Meatball Stew  
 Hot Dog Bar  
 Char-Grilled Turkey Sliders  
 Deli Hoagie  
 Pepperoni Pizza

**Dining Room Hours:**

**Lunch Buffet:** Noon – 1 pm Mon. – Sat.  
 Sunday Brunch Buffet: Noon – 2 p.m.  
**Dinner:** 5:10 – 7:10 p.m.  
**Café Sherwood:**  
 Breakfast: Daily 8 a.m. – 10:30 a.m.  
 Lunch: Daily 11 a.m. - 5 p.m.  
 Dinner: Daily 5:10 - 7:10 p.m.

**Vegetable of the Week:** Sautéed Seasoned Spinach

**WEEKEND PHYSICIANS ON CALL**  
 Call the Community Nurse for assistance at 8496.  
 Call 412 931-3066 for doctor on call information.

Please leave items for the Weekly Bulletin at the front desk **by Thursday** for Phyllis Franks, or call 8462, or email [frankspm@sherwood-oaks.com](mailto:frankspm@sherwood-oaks.com)