



This Week at Sherwood Oaks – February 12, 2017 to February 18, 2017
The Audio Bulletin Board 8489



Sunday, February 12 Buffet Lunch/Dinner

Bus to local churches - please see bulletin board and Channel 900 for times

- 1:30 p.m. Pittsburgh Symphony - 1:30 p.m.
Heinz Hall
- 2:00 p.m. Chapel Service - Auditorium
Rev. Mark Boyd

Monday, Feb. 13 Buffet Lunch/Table Service Dinner

- 8:15 a.m. Bus to Passavant Cranberry
- 9:30 a.m. Bus to Costco/Barnes & Nobel
Wal-Mart/Cranberry Mall
Passavant Cranberry & Main
- 10:00 a.m. Aquacize – Swimming Pool
- 11:00 a.m. Communion Service - Chapel
- 11:00 a.m. Exercise Class - Cranberry Lake
Fitness Center
- 1:00 p.m. Painting Class – Novice or Pro
Lower Level Studio
- 1:00 p.m. Bus to Shop 'n Save/CVS,
Passavant Cranberry & Main Campus
Legacy Theater
- 2:00 p.m. Patching & Piecing Quilters - Great Room
- 3:00 p.m. Pinochle - Center Lobby
- 6:30 p.m. Sing Along - Skilled Nursing West Hall
- 7:00 p.m. Monday Night Bridge - Card Room

Tuesday, Feb. 14 Buffet Lunch/Table Service Dinner

- 8:15 a.m. Bus to Passavant Cranberry
- 9:30 a.m. Bus to VA Clinic in Cranberry
Passavant Cranberry &
Pittsburgh/Oakland
- 10:00 a.m. Tai Chi - Cranberry Lake
Fitness Center
- 10:00 a.m. Hand and Foot Canasta - Lobby
- 1:40 p.m. VA Clinic Cranberry/Passavant
Cranberry/Pittsburgh/Oakland
- 4:00 p.m. Grab and Go Book Club
Conference Room
- 6:30 p.m. Sing Along - Personal Care Day Room

Wednesday, February 15 Buffet Lunch/Dinner

**Bus to UPMC Passavant Cranberry
8:15 am - 9:30 am - 11:45 am - 2 pm**

- 9:30 a.m. Bus to Rite Aid, Passavant
Cranberry & Rt. 228 Mall
- 10:00 a.m. Men's Bible Study - Chapel
- 11:00 a.m. Exercise Class - Cranberry Lake
Fitness Center
- 12:00 p.m. Granny's Attic Annex Patio Home 156
opened until 2:30 p.m.
- 1:00 p.m. Complimentary Hearing Aid
Services with Dr. Francis
Appointment Necessary

Wednesday (con't)

- 1:15 p.m. Wednesday Bridge - Lobby Area
- 1:30 p.m. Handbell Practice - Auditorium
- 3:00 p.m. Pinochle - Center Lobby
- 3:00 p.m. Chorus Practice - Auditorium

Thursday, February 16 Buffet Lunch/Dinner

- 7:00 a.m. Bus to Passavant Cranberry & Main
- 9:30 a.m. Bus to Costco/Barnes & Noble/Walmart
Cranberry Mall/Passavant Cranberry &
Passavant Main
- 10:00 a.m. Aquacize – Swimming Pool
- 11:00 a.m. Yoga Class - Cranberry Lake
Fitness Center
- 1:00 p.m. Streets of Cranberry/Passavant Cranberry
and Passavant Main
- 1:00 p.m. PC, Laptop, Tablet, or Smartphone
help in Computer Room until 3 p.m.
- 1:30 p.m. Duplicate Bridge - Card Room
- 3:00 p.m. Hand and Foot Canasta - Lobby
- 7:00 p.m. Focus on the World Presents: Film -
***Slavery by Another Name:
The Re-enslavement of Black Americans
from the Civil War to WWII***
Auditorium - 1 hr. 30 mins.

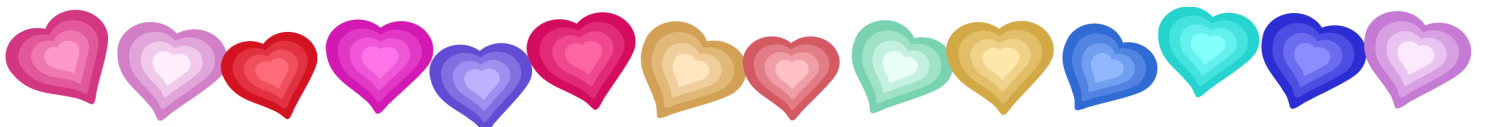
Friday, February 17 Buffet Lunch/Dinner

**Bus to Passavant Hospital and
UPMC Passavant Cranberry
7 am – 9:30 am - 1 pm**

- 9:30 a.m. Bus to Shop 'n Save
Passavant Cranberry & Passavant Main
- 9:30 a.m. Friday Prayer Gathering - Chapel
- 11:00 a.m. Exercise Class - Cranberry Lake
Fitness Center
- 1:00 p.m. Costco/Barnes & Noble/Walmart
Cranberry Mall/Passavant Cranberry/
Passavant Main
- 2:00 p.m. Sew and So
Personal Care Day Room
- 3:00 p.m. Pinochle - Center Lobby

Saturday, Feb. 18 Buffet Lunch/Table Service Dinner

- 10:00 a.m. Bus to Beaver Valley Mall
- 1:30 p.m. Scrabble & Games - Lobby
- 3:40 p.m. Bus to St. Ferdinand's Church
- 7:00 p.m. Saturday Night Movie - Auditorium
Crouching Tiger, Hidden Dragon
PG -13 2 hours



COMING EVENTS

Feb. 19 Sunday	Pops Concert - 1:30 p.m. - Heinz Chapel
Feb. 19 Sunday	Chapel Service - 2 p.m. - Auditorium - Rev. William Jamieson
Feb. 20 Monday	Women's Bible Study - 10:45 a.m. - Chapel
Feb. 20 Monday	NO Painting Class - 1 p.m. - Novice or Pro – Lower Level Studio
Feb. 20 Monday	Sing Along - 6:30 p.m. - Skilled Nursing West Hall
Feb. 21 Tuesday	Drama Club - 1:30 p.m. - Oak Lodge Great Room
Feb. 21 Tuesday	Pittsburgh Opera - 5:30 p.m. - Benedum Center
Feb. 21 Tuesday	Sing Along - 6:30 p.m. - Personal Care Day Room
Feb. 22 Wednesday	Complimentary Hearing Aid Services with Dr. Francis - Appointment Necessary
Feb. 23 Thursday	Pittsburgh Public Theater - 1 p.m. - O'Reilly Theater
Feb. 23 Thursday	Program Committee presents, Anna Schoenthal - Pianist - Grove City College student 7:30 p.m. - Auditorium
Feb. 24 Friday	Farm Garden Activity - Meeting for those interested in a raised bed garden 10:30 a.m. - Card Room
Feb. 24 Friday	Classe de Francais - 2 p.m. - Auditorium
Feb. 25 Saturday	Bus to Ross Park Mall - 10 a.m.
Feb. 25 Saturday	Diamante Trio Entertainment - Piano, Violin, Clarinet - 1:15 p.m. - Auditorium
Feb. 25 Saturday	Saturday Night Movie - 7 p.m. - Auditorium - Dr. Strangelove - PG - 1 hr. 35 mins.

This Week's Menu

Sunday, February 12, 2017 – Saturday, February 18, 2017

Dining Room Reservation # for Patio Homes: 8659

Dining Room Reservation # for Apartment Residents and 600 Patio Homes: 724 776-8234

Take out and Home Delivered Meals – Patio Home Residents: 8612

Take out and Home Delivered Meals – Apartment Residents and 600 Patio Homes: 724 776-8236

Sunday	12
Lentil Soup	
Orange Roughy	
Pork Paprikash	
Roast Beef Tenderloin	
Chef's Feature – Strawberry Waffles	

Thursday	16
Corn Chowder	
Stuffed Peppers	
Pork Loin with Grilled Onions	
Apple Tarragon Chicken	
Chef's Feature – Mahi-Mahi with Salsa Verde	

Monday Full table service at dinner	13
Chicken Noodle Soup	
Chicken Marsala	
Corn Beef and Cabbage	
Trout with Pears and Bacon	
Chef's Feature - Pepperoni Pizza	

Friday	17
Navy Bean Soup	
Grilled Turkey Cutlet	
Braised Beef Brisket	
Fried Fish	
Chef's Feature – Bratwurst & Kraut	

Tuesday Full table service at dinner	14
Italian Minestrone	
Grilled Chicken Parmesan	
Lamb Stew	
Shrimp Scampi	
Chef's Demo - Valentine Salad	
MTO	



Saturday Full table service at dinner	18
White Chicken Chili	
Spaghetti and Meatballs	
Lemon Pepper Cod	
Stuffed Pork Chop	
Chef's Feature - Chicken with Plum Sauce	

Wednesday	15
Beer Cheese Soup	
Dill Beurre Blanc Salmon	
Sautéed Beef Tips	
Sweet and Sour Chicken	
Chef's Feature - Vegetable Spring Rolls	

Dining Room Hours:
Lunch Buffet: Noon – 1 pm Mon. – Sat.
Sunday Brunch Buffet: Noon – 2 p.m.
Dinner: 5:10 – 7:10 p.m.
Café Sherwood:
Breakfast: Daily 8 a.m. – 10:30 a.m.
Lunch: Daily 11 a.m. - 5 p.m.
Dinner: Daily 5:10 - 7:10 p.m.

Vegetable of the Week: Fried Peas

WEEKEND PHYSICIANS ON CALL

Call the Community Nurse for assistance at 8496.

Call 412 931-3066 for doctor on call information.

Please leave items for the Weekly Bulletin at the front desk **by Thursday** for Phyllis Franks, or call 8462, or email frankspm@sherwood-oaks.com